



# TIME ROBBERS

**MAXIMIZE YOUR LIFE**



BY WORD LIBERATION MINISTRIES

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# INTRODUCTION

Time is our greatest asset in the journey of life. What we do with our time determines what happens to our life.

Time cannot be paused. Time cannot be expanded. Time can not be increased.

Time can only be properly managed so that you can make the most out of our life and destiny.

There are things that steal our time, I call them time robbers. That is what this book is all about.

From social media, to lack of vision, to improper choices, I've outlined some things that steal our time.

This book is short and straight to the point, covering areas of importance.

The book “Time Robbers” will teach you how to detect and disrupt those things that steal your time because if you let them they will ruin your life and future.

Detecting these time robbers is only the first step, you would have to intentionally disarm them and take the power from them and regain control over your time.

Your time is important that is why it is important to use it wisely.

# TIME ROBBER 1

## A LACK OF VISION & DIRECTION

One of the greatest time robbers in life is a life that is void of vision and direction.

A wise man once said, “when you don’t know where you are going to, everywhere will look like your location.” This is very true.

Most people lack a true vision for their life. They are chasing their ambition or just moving through life tossed and turned in different directions.

It was Helen Keller who said, “the worst thing about life is not being blind but having eyes with no vision.”

A lack of vision is a thief of time. A lack of direction is an enemy of destiny.

How do you access the vision for your life? By going back to your creator. He has the manual of your life. It is the manufacturer that knows the true purpose of every device.

God is our manufacturer. he does not mass produce people. Everyone has a purpose here and until that purpose is known and followed, life will be abused.

Myles Munroe once said, “when the purpose of a thing is not known, the abuse becomes inevitable”

Truly, when the life purpose of a man is not known, abuse of time and potential becomes inevitable.

# **TIME ROBBER 2**

## **SOCIAL MEDIA /SMARTPHONE**

We are living in one of the best eras of mankind. The internet came with diverse blessings for this generation. Never has been this easy. The world has become a global village.

But with the coming of the internet also came a time robber\_ Our smartphones and the social media. It is estimated that the average youth spends over 8 hours daily on their mobile devices.

Hear me, you don't have any business online if you are not making money or developing yourself online. I know that's harsh but it is the truth.

I am not against your having fun. I am against your wasting time in the name of chatting and scrolling endlessly on social media platforms.

Have you noticed that the facebook news feed never ends, you just keep scrolling and scrolling. By the time you realise what is happening, you've spent two to three hours doing nothing.

Social media is not only for chatting, it's a business platform for making a fortune. If you don't control social media, it will control you. If you don't manage social media, it will mismanage you.

Don't do what everyone is doing and waste time online. Make the most out of your time on social media. Make the most of your smartphone.

It is said that the smartphone in your hand has more technological capacity than the first spaceship that took man to the moon. That's how powerful this machine in your hand is.

Make good use of it.

# TIME ROBBER 3

## WRONG ASSOCIATION

It is said that who you follow determines what follows you. This is very true. What and who we follow matters a lot in our life and destiny.

Even the Bible says in the book of Proverbs that he that walks with the wise shall be wise but the companion of fools shall be destroyed.

Who you keep company with determines what accompanies you. If you keep company with time robbers, your time will be stolen.

It is said that small minds discuss problems and people while great minds discuss ideas and progress. This is a litmus test for determining who you should hang around with.

If as a man, the only thing you and your friends discuss is football and women, change your circle. If you hang around this type of people, nothing tangible can hang on you.

If as a lady, the only thing you and your circle discuss about is fashion, men and bags, you really need to break free from that circle.

No one can maximise time and destiny with the wrong association. It is a robber of time.

Hang around people who are better than you. Stay around mentors and fathers who push you. Go where the expectation is high and leave a mark. It is a risk to be the smartest person in any room.

Hang around with role models with their books and videos. I'd rather spend time on Youtube watching the videos of my mentors than sit with a companion of fools.

# TIME ROBBER 4

## SLEEP

Sleep is a time robber that has robbed so many people of their potentials and destiny.

Sleep has caused so many people to slip in life. Sleeping too much equals slipping too much in life.

In a bid to give excuses, most people say you have to sleep for eight hours daily.

Even doctors don't sleep eight hours daily. Any medical student who sleeps for eight hours a day will only end up becoming a native and local doctor.

Sleep is good no doubt but not as a habit but as a necessity. Most people sleep too much as a habit. Sleep is meant to be a time of refreshing for more productive work.

If a man sleeps eight hours a day, he will sleep 2,920 hours a year. Let's put that in a better perspective. He would have slept for 121 days! Out of 365 days. 121 days was used to sleep.

You must learn to discipline your sleep. Start by reducing an hour or two from your current daily sleep reservoir. Discipline yourself to sleep less so that you can use the free time to do more.

If you want to do more, start from sleeping less. You will feel a sense of responsibility and duty. Your confidence is soar and your productivity will increase greatly.

# TIME ROBBER 5

## SLOW VEHICLES

Let's say you want to travel to Lagos today. Will there be a difference in time when you make use of a car and an aeroplane? I bet there will.

That's the same way people have caged their time through slow vehicles.

For everything you want to do, there is a faster and easier means of doing it. Because you don't know about it doesn't mean it does not exist.

Those who use leverage are never average. You must learn to use leverage to save time. Learn to use machine to save energy.

A slow vehicle in anything you do is a time robber. Most young people end up in low paying jobs for years, that's a time robber.

Learning and operating with a low income skill is a time robber, You will spend years before you get rich, Using a high income skill is a time maximiser.

Successful people are very careful of the vehicle they use in anything they do. They constantly ask themselves if there is a better and faster way of doing anything.

# TIME ROBBER 6

## RELATIONSHIP

One popular time robber amongst the youth is relationship (boyfriend and girlfriend).

The time spent on “I just want to hear your voice” if properly channelled can set any future on the right path.

Sir, if you are broke, you don't need a relationship. The only relationship you need is with God and money.

If you don't understand times and seasons, you will end up regretting wasting your time on people you are not supposed to spend a dime of your time with.

most ladies spend months recovering from heartbreaks.  
time that should be used for massive personal development.

Relationships are not bad in itself but they must be leading to marriage and maximised for more productive gains.

Marriage has been designed to be an institution for life, don't waste your precious seedtime on relationships when you should be sowing in value to reap a fruitful marriage.

Quit the long calls. Quit the everyday meet ups. Quit the daily hangouts. Focus on what's important. Focus on your future and your relationship will align properly.

# TIME ROBBER 7

## LACK OF FOCUS

FOCUS stands for “follow one course until success.” A lack of focus is a major time robber.

When you try to catch three rats, you end up catching none and you waste time chasing all.

Most people are not focused, that’s why they end up as locusts. They are always jumping from one business or opportunities to another.

They hear that there’s job in Los Angeles, they run there. Tomorrow, they are on another flight to Canada. Or, they are told that the paying business is cryptocurrency, they jump there. Next week, they hear it is farming and they are there.

you must learn to be FOCUSED, Don’t major in the minor and don’t minor in the major. Major in your major. You can’t be a Major in the Military if you do minor operations.

Most people are one leg in, one leg out. Don't be such a person. Be two legs in.

You need to burn the boats and succeed or "die". That's what focused people do. They stay put in one course and become authorities there.

When you focus, energy flows. And where energy flows, attention goes and results show.

Stay focused!

# TIME ROBBER 8

## TELEVISION / MOVIES

This one right here is the reason most people have not maximised their life and destiny. An addiction to television, movies and series.

If you read the book “secrets of the millionaire mind,” one of the obvious lessons seen in the book is that to succeed fast, you must put off the TV.

most youths are busy watching television and can not tell a vision of their life. they are busy watching others who are living their life but they don't live their own life.

As always, it's not a bad thing to watch movies and TV shows, especially when it is for relaxation purposes. However, doing it too much at the detriment of your productivity is bad.

If you play today, you will pay later but if you pay today, you will play later.

This also applies to people who spend long hours playing video games or watching Youtube and instagram skits.

Doing it in your rest and relaxation time is fine but doing it everytime is totally wrong.

# TIME ROBBER 9

## IMPROPER PLANNING

If your day is not structured, your life will be fractured. This is so true because so many people are not used to planning. So many people are not proactive but reactive to life. They live life as it comes to them instead of planning what comes to them.

He who fails to plan has planned to fail. He who has no plans will waste time and potential.

A life that is lived without plans will be a wasted life. Proper planning prevent poor performance.

Most people are too lazy to sit down and think on paper.

When you think on paper and put timelines to it and action points to do, your goals are much more achievable.

Lack of planning is a time robber that must be arrested if you want to maximise your time and destiny.

# TIME ROBBER 10

## WRONG CHOICES

We are creatures of choices. The only thing next to change that will remain constant to man is choices.

Everyday, we are faced with choices. The choice of what to eat. the choice to wear, the choice of where to go to. And we are constantly making choices.

Making wrong choices is the foundation for missing out on our destiny.

The more right choices you make, the better and faster our success comes.

Not making a choice is a choice in itself. The problem with most people is that they are always making choices unconsciously from their past programming.

Culture and tradition coupled with religion has shaped so many unconscious choices but we must take charge and make choices that move our destiny further.

No one goes far with wrong choices. No one becomes a generational voice taking the wrong choices. No one maximises their life and destiny with wrong choices.

Be careful of the voices you hear. The voices you hear will influence the choices you make. If you keep hearing the wrong voice, you will end up making the wrong choices.

# CONCLUSION

Congratulations for reading this far, you've done well. It is advisable that you read this book one more time if you can to get some hidden light from the book. Also, this time, do it with a pen and a paper.

Ask yourself questions as you read, how do I apply this into my life now? What can I do differently with what I've learnt?

What can I unlearn, what can I relearn? The quality of your life is in the quality of questions you ask and get answers.

If you ask rich questions, your life will be rich but if you ask poor questions, you already know what will happen.

Apply what you've learnt. the one who knows and does not apply what he knows and the one who doesn't know anything at all will always get the same result.

Knowledge is the edge you have because you know, but ACTION is what will bring DISTINCTION.

The knowledge in your heart must be put to work in your acts for it to produce results in your hands.

Results don't show because it's in your heart, results show from your acts.

See you at the top!!!

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